



# Coaches' Clinic

**Saturday, March 27, 2010**

*Aldersgate Methodist Church Gym,  
3600 75th Street, Urbandale*

**U5-U6 Coaches at 12:30 PM - 2:00 PM**  
**U7-U8 Coaches at 1:30 PM - 3:00 PM**  
**U9 - U10 Coaches at 2:30 PM - 4:00 PM**  
**U11-U14 Coaches at 3:30 PM - 5:00 PM**

The Johnston Soccer Club hosts coaches' clinics every season for volunteer coaches within the Club.

As a part of our vision to ensure a quality experience for all of our members:

- ◆ These clinics are **HIGHLY RECOMMENDED** for all coaches and assistant coaches.
- ◆ Coaches may appoint a parent from the team to attend in his/her place if not able to attend.
- ◆ In addition to practical instruction, coaches will receive logistical information regarding the soccer program. *Packets will not be distributed until the end of each session.*
- ◆ Parents who help or assist the appointed coach at any practices or games during the season should plan on attending. We also **WELCOME** any parents not coaching to attend if they wish to do so.

## **U5 - U8 Coaches**

- What U5-U8 players need to be learning
- How to maximize enjoyment and learning with these age groups
- How to structure practice sessions
- How to manage games at this age group

## **U9 Coaches & Above**

- Technique & Skills
- Introduction of tactical coaching
- How to structure practice sessions
- How to manage and coach during games

**By attending the clinic,  
you will receive:  
Updated Rosters  
Coach's Packet  
Game Schedules (U5-U10)  
Coaching Tips**

**Questions???** Leave a message at 253-9059 or email  
**[info@johnstonsoccer.org](mailto:info@johnstonsoccer.org)**.

***Thanks for coaching! You are an important part of the Johnston Soccer Club.***

**Head Coaches: Enclosed with this information is a copy of your roster. It is very important that you call everyone on the list immediately! Let them know you are their child's coach, tell them that first games are on April 10 or April 11, and set up a first meeting or practice. Parents need to know they are registered. Please don't delay!**

***Rosters have not been included for Assistant Coaches.***